



RESILIENT FAMILIES SOUTH COUNTY AREA

Have a baby ages **0-3 years old**?
Want to learn how to handle **stress** and create a **support** network?
Help your child feel **safe, secure,** and **loved** and be better prepared to start school!

The Anchor of Resilience



Keeping Our Glass Full



Packing Our Child's Suitcase



Compassionate Listening with Heart



The School Bus Discipline is a Teaching Opportunity



The Butterfly Resilient Transformation



COME JOIN THE MOVEMENT

6 Free sessions
10/05-11/09/20
Introductory sessions
week of 9/27

Virtual Workshops via Zoom

Group 1: Juanita (Spanish)

When: Mon & Wed 6:30-7:30 p.m.

Group 2: Elodia (Spanish)

When: Sat 9- 11 a.m.

Group 3: Jessica (English)

When: Thurs 6- 8 p.m.

SACRED HEART
COMMUNITY SERVICE

DFCS
Dept of Family & Children's Services

FOR MORE INFORMATION, CONTACT: ARIANA CVITANIC (408) 709-4401 OR VISIT OUR WEBSITE AT WWW.RESILIENTFAMILIESGILROY.COM