



LITURGICAL RENEWAL PARISH LEADER WORKSHOP

*RENEWED AT THE
TABLE OF THE LORD*

March 2026



OPENING SONG



ONE BREAD, ONE BODY

[Refrain]

One bread, one body, one Lord of all,
one cup of blessing which we bless.
And we, though many, throughout the earth,
we are one body in this one Lord.

ONE BREAD, ONE BODY

[Verse 1]

Gentile or Jew,
servant or free,
woman or man,
no more.

ONE BREAD, ONE BODY

[Refrain]

One bread, one body, one Lord of all,
one cup of blessing which we bless.
And we, though many, throughout the earth,
we are one body in this one Lord.

ONE BREAD, ONE BODY

[Verse 2]

Many the gifts,
many the works,
one in the Lord
of all.

ONE BREAD, ONE BODY

[Refrain]

One bread, one body, one Lord of all,
one cup of blessing which we bless.
And we, though many, throughout the earth,
we are one body in this one Lord.

Heavenly Father,
In your loving mercy,
you sent your Son, Jesus Christ,
anointed by the Spirit,
to redeem the world through his Paschal Mystery.

The disciples on the road to Emmaus
pleaded with the Lord, “Stay with us.”
Promising to remain with his church,
and to nourish us as the Bread of Life and Cup of Salvation,
Jesus left us the Sacrament of Salvation in the Eucharist.

Stir up in our hearts a lively faith
in Jesus' real, loving, and saving presence, and may the Eucharist
become the pattern of our lives.

As a pilgrim church may we be nourished and strengthened at
the Eucharistic table,
and so "do unto others" in love as you have loved us.

Through the intercession of St. Joseph and St. Clare,
may we remain in your love
through the Sacrament of your Love.

Amen.



Liturgical renewal is a diocesan effort to deepen spiritual renewal by helping our people more fully, consciously, and actively participate in the Mass—the source and summit of our life together.

WHY LITURGICAL RENEWAL — IN ONE SENTENCE

LITURGICAL RENEWAL IS PART OF THE DIOCESAN JOURNEY



Liturgical renewal is one key strand within spiritual renewal on our Journey to 2031, *not* “one more change.”

- Supports the **Pastoral Plan Priority of Worship** and its objectives that focus on understanding the Mass, joyful music, helpful homilies, and a sense of being generously welcomed.

SPIRITUAL AND PASTORAL FRAMES



EUCCHARIST – The Eucharist as the “source and summit” of Christian life

ASSEMBLY – Vatican II called all members of the assembly to actively participate in the liturgy

UNITY – Our Lady of Guadalupe gathers us as **ONE** family leads us to Christ

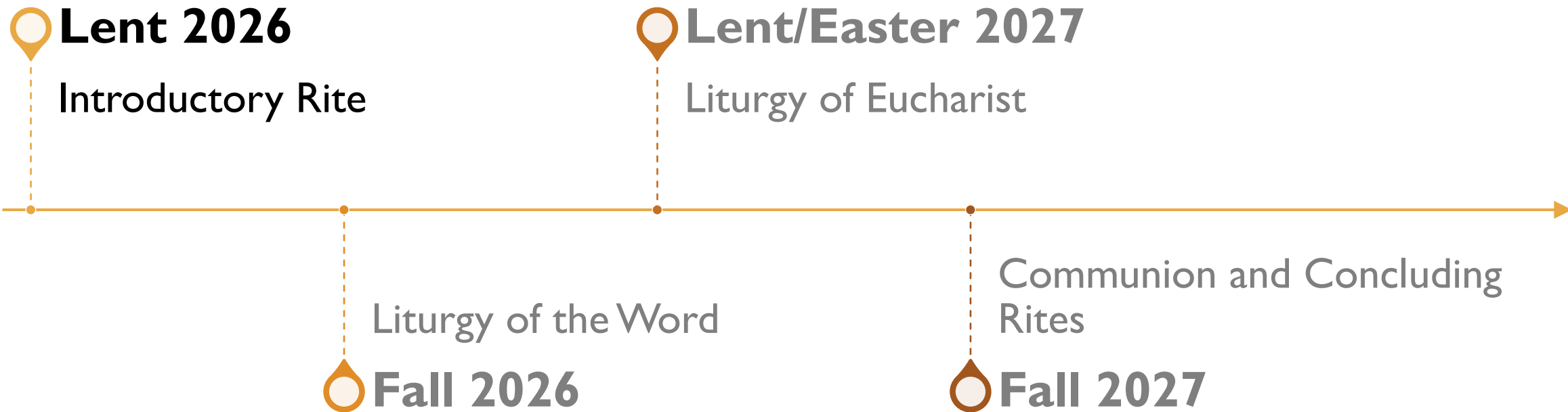
LITURGICAL RENEWAL WILL

- Provide a two-year diocesan catechesis on the Mass that promotes a greater understanding of the Mass
- Promote greater unity in how the Mass is celebrated across the Diocese of San José,
- Clarify and reinforce the GIRM rubrics and diocesan practices where there is discretion.

SO THAT ALL MAY EXPERIENCE:

- Deepening love for the Mass.
- Strengthening full, conscious, and active participation.
- Connecting Sunday worship to daily life and mission.





TIMELINE FOR LITURGICAL RENEWAL

LENT 2026: WELCOMING & PARTICIPATION

Parts of the Mass

Gathering, Penitential Act, Gloria (when used), Collect, Liturgical Year

Pastoral Focus

- The role of the assembly - active and conscious participation through preparation, responding, singing (music is not a performance)
- Being formed as one body, welcoming all and asking for mercy.
- By walking through the seasons of the liturgical year to help us understand and deepen the different “seasons” of our lives

Lay Minister Training Focus

Sacristans/Mass Coordinators, Art and Environment, Music Directors, Ushers/Greeters, Altar Server Coordinators,

Date: Rollout begins on the **First Sunday of Lent 2026**

Unified practices in all Masses by July 1st, 2026





FALL 2026: THE WORD OF GOD

Parts of the Mass

Scripture, Homily, Creed, Prayer of the Faithful.

Pastoral Focus

- Actively listening to God's Word
- Letting the Word shape our thinking, choices, and mission (embodying the word)

Lay Minister Training Focus

Sacristans/Mass Coordinators, Music Directors, Lectors/Readers (Prayer of the Faithful),

LENT/EASTER 2027: THE PASCHAL MYSTERY

Parts of the Mass

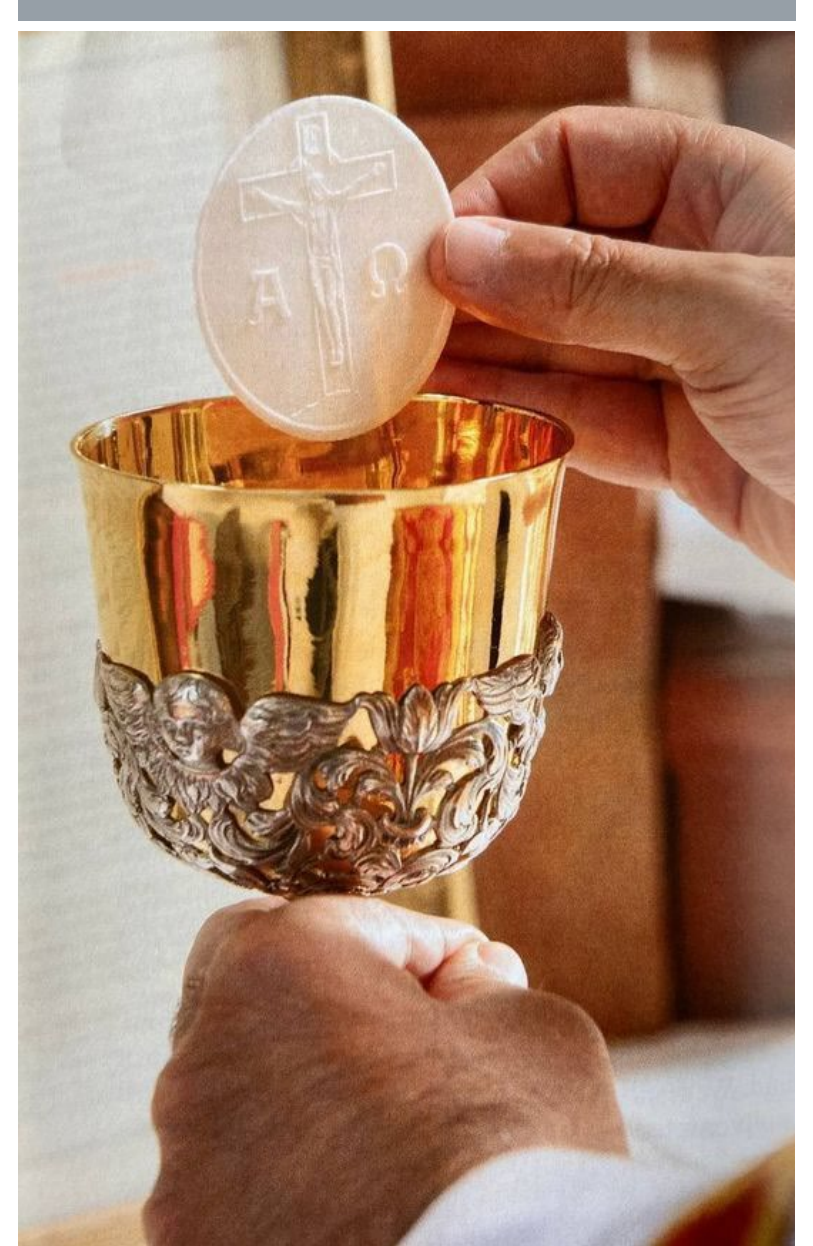
Preparation of the Gifts, Eucharistic Prayer

Pastoral Focus

- Offering our lives with the gifts; participation in Christ's sacrifice
- Reverence and unity at the heart of the Eucharist
- We are one body, and we need to be unified in our practices

Lay Minister Training Focus

Sacristans/Mass Coordinators, Music Directors, Altar Server Coordinators





FALL 2027: BEING SENT FORTH

Parts of the Mass

Communion Rite, Blessing, and Dismissal

Pastoral Focus

- Being renewed for discipleship.
- Mission and sending: “Go forth...”
- Living the Mass in daily life;

Ministry Focus

Sacristans/Mass Coordinators, Music Directors, Altar Server Coordinators, EMHC, Commentators, Ministers to the home-bound

KEY DATES FOR PHASE I – FULL IMPLEMENTATION JULY 1ST, 2026

February

CLERGY KICKOFF

March

PARISH LITURGICAL LEADER WORKSHOPS

March - April 10

PARISH MINISTRY TRAINING & PREPARATION

April 12 – June 30

PARISHIONER CATECHESIS & PRACTICE

July 1st

UNIFIED PRACTICES IN ALL MASSES

RESOURCES

DIGITAL HUB with these resources plus GIRM/DSJ Norms grid, workshop PPTs, implementation guide, training for impacted ministries, Training guidelines and presentation materials for impacted ministries, clarifications and updates

Each phase will have a Communications toolkit in THREE languages

- Bishop's messages – video and print
- Bulletins articles explaining key liturgical elements in the phase
- Digital assets (graphics/videos) for websites and social media
- FAQs
- Podcast segment

PARISHIONER CATECHESIS - PHASE ONE – STARTS APRIL 12TH



Trilingual Content (Bulletin Articles, Social Media, Images)

You can adapt the timing for your community needs

Phase One - Weekly Themes

Week 1 (April 12-13): Introduction & Invitation

Week 2 (April 19-20): Ministry of the Assembly

Week 3 (April 26-27): Entrance & Gathering

Week 4 (May 3-4): Music as Ministry

Week 5 (May 10-11): Penitential Act & Gloria

Week 6 (May 17-18): Liturgical Year & Collect

LITURGICAL LEADER TRAINING PLAN



Workshops for Parish Leaders (this workshop)

Parish Ministry Training - Materials for liturgical leaders in parishes and schools to train their volunteer teams

- Meeting Outline
- Presentation materials
 - Why is Liturgical Renewal important & Overview of Phase
 - Detailed “how-to” implementation of norms and clarifications.

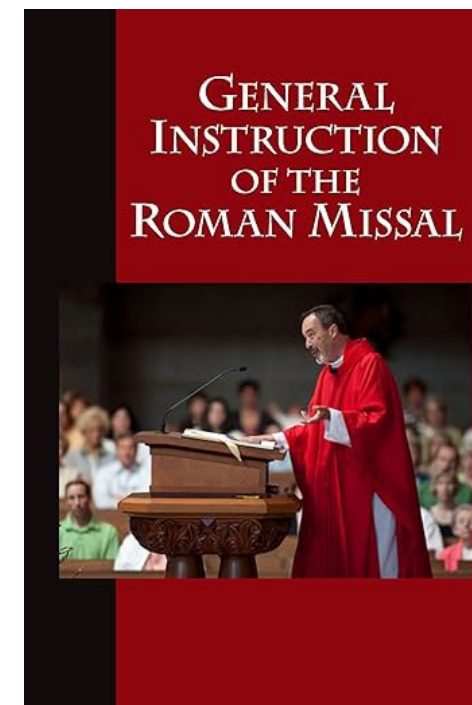
IMPLEMENTATION SUPPORT AND FEEDBACK

- **Central Q&A channel** - a dedicated email priests and liturgical leaders can receive support:
liturgicalcommission@dsj.org
- **Seasonal “office hours” - Q&A sessions for Liturgical Leaders** - Optional **monthly** Zoom sessions with members of the Liturgical Commission to address frequently asked questions and challenges.
- **If cultural adaptations are needed**, pastors/teams are asked to bring them to this open forum for discernment.



WHERE CAN I FIND THE GIRM?

- GENERAL INSTRUCTION OF THE ROMAN MISSAL
 - Published as part of the 3rd Edition of the Roman Missal (2010)
 - Booklet published by LTP (Liturgy Training Publications)
- USCCB website with full text of GIRM:
 - English: <https://www.usccb.org/prayer-and-worship/the-mass/general-instruction-of-the-roman-missal>
 - Spanish: Institucion General del Misal Romano
<https://www.usccb.org/es/prayer-and-worship/the-mass/general-instruction-of-the-roman-missal>
- Book Available on Amazon: see *image*





BREAKOUT SESSIONS: MINISTRY LEADERS

- Altar Server Leaders •
- Sacristan/Mass Coordinators •
- Hospitality Leaders of ushers & greeters • .
- Art & Environment Leaders •
- Music Directors •

MINISTRY LEADER DISCUSSION

- Introductions – name, parish
- Review materials
- Ideas and best practices for introducing volunteers to the Liturgical Renewal and the unified practices
- What other resources will be helpful?



PHASE I: INTRODUCTORY RITES

UNIFIED PRACTICES AND CLARIFICATIONS

GIRM citations are in your handout

Citations are from the *General Instruction of the Roman Missal*, USCCB, 2010 (2010 edition of the Roman Missal)

QUESTIONS FOR YOUR PARISH IMPLEMENTATION

- 1. What do these Unified Practices mean to you?**
- 2. What currently is done at your parish to unify the community?**
- 3. What are your ideas on implementing these practices at your parish ?**

MINISTRY OF THE ASSEMBLY

GENERAL INSTRUCTION

GIRM 95, 96 97

DIOCESAN IMPLEMENTATION

- Catechize members of the Assembly on how we come together form a holy people, and become one Body, one worshipping community in Christ.
- Catechize members of the Assembly to help them understand their role in the worshipping community as vital for the Mass.
- So that they may give thanks to God not only by means of the hands of the Priest but also together with him and so that they may learn to offer their very selves.

MINISTRY OF THE ASSEMBLY – GESTURES AND POSTURE

GENERAL INSTRUCTION

■ GIRM 42

DIOCESAN IMPLEMENTATION

- Mass should be understood as worshipping in community and not as our personal time with Jesus. Catechesis should address the Assembly's role in the liturgy.
- We genuflect to the real presence of Christ in the Tabernacle upon entering the body of the Church and at the end of Mass.
- While Mass is in progress, we bow to the altar, which during that time has primacy of focus. (more on this topic below)

MINISTRY OF THE ASSEMBLY – GESTURES AND POSTURE

GENERAL INSTRUCTION

DIOCESAN IMPLEMENTATION

■ GIRM 43

- Remind members of the Assembly about the unifying nature of posture in reverently standing together for the entrance procession, Penitential Rite, Gloria (except when omitted during Advent and Lent), and Collect for it expresses the intentions and spiritual attitude of the participants and also fosters them.

PARISH LITURGY COMMITTEES



The Diocesan Liturgical Commission will assist Pastors in forming and training Parish Liturgy Committees when requested .



CLOSING THOUGHTS – NEXT STEPS

Next Steps at your parish

Completion of Phase I

JULY 1, 2026

Digital Hub

DIGITAL HUB QR CODE

WWW.DSJ.ORG/LR-DIGITAL-HUB/





CLOSING PRAYER





CLOSING SONG



ONE SPIRIT, ONE CHURCH

We are a pilgrim people, we are the Church of God
A fam'ly of believers, disciples of the Lord
United in one spirit, ignited by the fire
Still burning through the ages,
still present in our lives

ONE SPIRIT, ONE CHURCH

[Verse 1]

Come, Holy Ghost, Creator blest
And in our hearts take up thy rest
Come with thy Grace, and Hea'vly aid
To fill the hearts which thou hast made

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ONE SPIRIT, ONE CHURCH

We are a pilgrim people, we are the Church of God
A fam'ly of believers, disciples of the Lord
United in one spirit, ignited by the fire
Still burning through the ages,
still present in our lives

ONE SPIRIT, ONE CHURCH

[Verse 2]

O Comforter, to thee we cry
Thou gift of God sent from on high
Thou font of life and fire of love
The soul's anointing from above

ONE SPIRIT, ONE CHURCH

We are a pilgrim people, we are the Church of God
A fam'ly of believers, disciples of the Lord
United in one spirit, ignited by the fire
Still burning through the ages,
still present in our lives

CONTACT INFORMATION

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