Thomas Flowers, S.J. is a Jesuit priest, currently teaching Jesuit and Church history to Jesuits in formation across the United States. He has a PhD in history from the University of York (England), specializing in the history of the Jesuits. He studied philosophy at Saint Louis University and theology at the Pontifical Gregorian University in Rome. He has training as a spiritual director from the Jesuit Retreat Center in Los Altos as well as Eastern Point Retreat Center in Gloucester, Massachusetts. He serves as a spiritual director for individuals as well as retreat groups regularly, and frequently offers workshops on prayer and discernment to parish and school groups, as well as permanent deacons and deacon formation programs.

He has published two books of scripture meditations: *Walking Humbly: Scripture Meditations in Verse* and *God’s Invitation: Meditations on a Covenant Relationship*. He grew up in Morgan Hill, and currently lives at the Jesuit community at Bellarmine College Preparatory in San Jose.