

Family Resource Centers Overview

The Family Resource Center Initiative (FRCI) is a regional place-based strategy that provides families with children prenatal through age 5, promotion, prevention, and early intervention information, resources, support, and activities to ensure they have the skills and capacity to promote their children's development. The FRCI strategy ensures children are ready for school, builds strong family relationships, and creates connected schools and communities. The FRCs are community-based, family-friendly, and culturally sensitive to ensure families have access to safe and welcoming places to seek support and services before difficulties arise and during critical times of need. Programs and services are provided in the FRCs and other venues throughout Santa Clara County that are accessible to families, family child care providers, early care educators, and the community at large. Catholic Charities of Santa Clara County provides FRCI programs and services in several locations at Alum Rock, Franklin Mckinley School, Milpitas, Sunnyvale, and Sherman Oaks School Districts.

Family Resource Center under Catholic Charities of Santa Clara County is to provide families with the skills and capacity to promote their children's development, ensure their children's school readiness, build strong family relationships, and create a connected community. With that mission, we offer various services and evidence-based workshops, Family Engagement Workshops, and Child Enrichment Programs.

Programs and Services

24/7 Dad focuses on male caregivers addressing/ acknowledging their challenges and needs, how to overcome those, how they can improve their involvement, and being present in their children's lives, supporting their family's growth and well-being.

SEEDS Parenting for Caregivers program consists of a background study on why the first 5 years of children's lives are the most important, how early learning can change the trajectory of a child's development, and what tools caregivers can use to amplify the early learning years.

Opening Doors/ Abriendo Puertas is a 10-session workshop that builds parent leadership skills and knowledge through interactive training to promote family wellbeing and positive outcomes for children, and how to leaders and be a voice in their community to bring positive changes.

Triple -P - Triple-P: Triple-P is a Positive Parenting Program with the main goals of increasing the knowledge, skills, and confidence of parents and reducing the stress of mental health, emotional, and behavioral problems in children and adolescents. In the Triple, P Program, caregivers will learn how they can work together with other caregivers and how they can make a safe and predictable environment for their children where they are ready for learning.

Expecting and New Caregivers Programs

New Beginning program focuses on methods to encourage healthy attachments between child and caregiver and to develop positive responses to baby's cues and concepts for first-time and isolated mothers. Mothers and infants engaged in the program interact with a peer counselor to access important information regarding breastfeeding and share their experiences with one another in a safe, supportive environment. Mothers can also access important resource materials to boost healthy family food supplies through WIC, local produce mobiles/ School Pantries, and eligible families can apply for food stamps through Second Harvest Food Bank, CalFresh Program, and other benefits.

Zumbini: Zumbini is an early childhood development program that focuses on children ages 0 to 3 years children and toddlers and their parents or caregivers. on bonding experiences with the help of a mix of music and movement. This program combines music, dance, and educational tools of continuous bonding, learning, and fun. Giving a healthier, happier, more enjoyable start for infant and toddlers, Zumbini is intended not only to nurture the love of movement, so it becomes a way of life, but also to advance emotional development, enhances cognitive skills, develops social skills, enhances motor skills (balance and rhythm), and strengthens the child-caregiver bond.

Baby Care and Me workshop offers a learning platform to expecting, new, and future parents that guide them on what to expect, how to care, and where to look for expert support they need in the coming years as they welcome a new baby in their lives.

Ages and Stages Questionnaire: Ages & Stages Questionnaires® (ASQ®) is a developmental screening tool that provides reliable, accurate developmental and social-emotional screening for children between birth and age 6. Drawing on parents' expert knowledge. ASQ has been specifically designed to pinpoint developmental progress and catch delays in young children—paving the way for meaningful next steps in learning, intervention, or monitoring

Essential Baby Supplies - Are you in need of baby diapers, wipes, and formula? Please contact or stop by at one of the FRC locations closest to you to get enrolled to receive monthly supplies for your children at no cost.

Service Locations

FRC NAME	Address	Contact Person	Contact email	Site contact number
Cureton FRC	3720 E Hills Dr, San Jose, CA 95127	Rosa Jaquez	rjaquez@catholiccharitiesscc.org	408-928-7390
Evergreen FRC	2025 Clarice Dr., Rm B6, San Jose, CA 95122	Wanda Aristorena	waristorena@catholiccharitiesscc.org	408-270-6752
Hubbard FRC	1680 Foley Ave, San Jose, CA 95122	Raquel Sierra	rsierra@catholiccharitiesscc.org	408-928-7725
San Ysidro Nueva Vida	7700 Murray Ave, Gilroy, CA 95020	Teresa Silva	tsilva@catholiccharitiesscc.org	408-804-3389
Educare FRC	1399 Santee Dr, San Jose, CA 95122	Noemi Gomez	ngomez@	408) 690-1380
Seven Trees FRC	3975 Mira Loma Way, San Jose, CA 95111	Marisol Barahona	mbarahona@catholiccharitiesscc.org	408-516-6028
Jason Dahl FRC- Educare	3200 Water St., Bldg P-2, San Jose, CA 95111	Jennifer Interiano	jinteriano@catholiccharitiesscc.org	408-396-8301
George Shirakawa Sr. FRC	645 Wool Creek Dr, P1 & P2 San Jose, CA 95112	Thy Nguyen	tnguyen10@catholiccharitiesscc.org	408) 549-4512
Edenvale FRC (Satellite Sit)	330 Branham Ln E, San Jose, CA 95111	Jennifer Interiano	jinteriano@catholiccharitiesscc.org	408-396-8301
Josephine Guerrero FRC	1300 Edsel Drive, P-2 & 3, Milpitas, CA 95035	Jenny Le Phoung	Ple3@catholiccharitiesscc.org	408-394-4813
Luther Burbank FRC	4 Wabash Ave., Rm 12, San Jose, CA 95111	Tatiana Zepeda	Tzepeda@catholiccharitiesscc.org	408-903-4673
San Miguel FRC	777 San Miguel Ave., Rm K-5, Sunnyvale, CA 94085	Misrak Demilew	MDemilew@catholiccharitiesscc.org	408-522-8200x1890
Sherman Oaks FRC	1800 Fruitdale Ave, #3 San Jose, CA 95128	Odette Avalos	Oavalos@catholiccharitiesscc.org	408-364-4200x4993