



DIOCESE OF SAN JOSE

Athletics Guidelines 2021-2022

We recognize the importance of extra-curricular activities as part of our students' school experience and our goal of developing the whole child. We have therefore consulted with the elementary and high school principals and athletic directors within the San Jose Diocese to develop a plan to ensure staff and students can participate in athletics in the safest possible environment. We have also been guided by the CDC, California Department of Public Health, and Santa Clara County Public Health to create our updated DSJ guidelines for athletics for the 2021-2022 school year.

We will continue consulting all of the entities listed above and will update the framework as needed and in response to changes.

The goals of the 2021-2022 Guidelines are to:

- Safeguard the health of the students, parents, employees, and their families
- Reduce the risk of spreading disease in the community
- Ensure ongoing, accessible, high-quality ministry and education

While the framework for restarting school sports applies to all elementary schools in the Diocese of San José, the protocols within it and decided upon because of it are specific to the context of each location. All site-based protocols must comply with the most current order of the Santa Clara County Public Health Department (or the State order if it is more restrictive) as well as the Diocese of San José and should be responsive to the needs of the local community. The **framework is not exhaustive nor is it a substitute** for any existing safety and health-related regulatory requirements for schools.

School Protocols

During athletic practices and competitions, all school guidelines are to be followed as they would be during the school day. (This applies to: Arrival & Departure for practices, Covid Symptoms & Monitoring, Physical Distancing, General Hygiene, Masking, Cleaning and Maintenance, Vaccination/Surveillance Testing, Response to Confirmed Case/Close Contact.) All adult employees and volunteers coaching or working with the student athletes must show proof of vaccination or submit negative Covid tests weekly.

Practices/Tryouts

Practices, tryouts, and intramural play may begin at any time. Principals, athletic directors, and coaches must ensure all school guidelines are followed, including (but not limited to):

- Masks must be worn at all times indoors and outdoors by everyone in attendance (by players, coaches, referees, and anyone else participating or in attendance).
- Water breaks should be taken outside to all extents possible, ensuring each person is more than 6 feet apart.
- General hygiene and health screening practices should be followed. Players and coaches should wash their hands frequently and stay home/not attend practices or games if they are sick and/or have Covid-like symptoms.
- Each team will be considered an additional cohort and all members will be considered a close contact if there is a positive case.
- If participating in intramural play, both teams competing will become a cohort and all participants will be considered a close contact if there is a positive case.
- Coaches must follow the same guidelines for faculty/staff/volunteers, including but not limited to completion of the “vaccination certification form” and routine testing.

Competitions

Pending the analysis of updated guidelines and community transmission, competitions across schools may begin after November 1 following these guidelines:

- All participants, coaches, and referees must be masked indoors and outdoors.
- Each parent/guardian is responsible for transporting their child to/from competitions.
- Athletes participating in or supporting athletic competitions must produce negative PCR test results on a weekly basis based on CDC testing recommendations.
- If/when games start, both teams competing will become a single cohort and all participants will be considered a close contact if there is a positive case.
- Spectators may be allowed at the host-site discretion if the host site is able to ensure adherence to all protocols. All spectators must follow all school, diocesan, and COVID guidelines; they must wear masks the entire time and remain more than six feet away from all athletes, coaches, and other spectators who are not in the same household.
- Food should not be served before, during, or after competitions due to the risk it creates in having spectators remove their masks.

South Division	Central Division	North Division
Holy Family Holy Spirit Most Holy Trinity St. Catherine St. Christopher St. Francis Cabrini St. Leo the Great St. John Vianney St. Mary Gilroy Sacred Heart Nativity St. Patrick	Queen of Apostles St. Justin St. Lucy St. Martin of Tours Sacred Heart Saratoga St. Andrews St. Clare St. Mary Los Gatos St. Victor Canyon Heights St. John the Baptist	Resurrection St. Elizabeth Seton St. Joseph Cupertino St. Joseph Mountain View St. Lawrence St. Nicholas St. Simon

“Pods” of South Division:

1. Holy Family, St. Catherine, St. Mary (Gilroy)
2. Holy Spirit, St. Chris, St. Frances Cabrini
3. Sacred Heart Nativity, St. John Vianney, St. Leo, St. Patrick, *Most Holy Trinity*