

CRS Rice Bowl 2020 Talking Points – Spiritual Resources during COVID-19

As Masses are being suspended, schools closed, and Lenten prayer services and soup suppers cancelled, the traditional Lenten practices of prayer, fasting and sacrifice offer support on our journey through these challenging times.

CRS Rice Bowl offers a variety of resources in both English and Spanish at [crsricebowl.org](https://www.crsricebowl.org) or [crsplatodearroz.org](https://www.crsplatodearroz.org) that can be done safely in the home with families accessing resources digitally and virtually.

- Our families page contains a daily calendar, simple meatless meal recipes, videos, worksheets and other resources to support families with their Lenten practices in the home.
 - English <https://www.crsricebowl.org/families>
 - Spanish <https://www.crsricebowl.org/es/families>
- Catholic schools, Parish Religious Education programs and parents may use the lesson plans, worksheets and videos to supplement remote learning efforts and provide resources for students.
 - English <https://www.crsricebowl.org/schools>
 - Spanish <https://www.crsricebowl.org/es/schools>
- Our digital Stations of the Cross offer an online option for all people to practice this Lenten devotion at home.
 - English <https://www.crsricebowl.org/stations-of-the-cross>
 - Spanish <https://www.crsricebowl.org/es/via-crucis>
- Our Bi-lingual Facebook Group offers a virtual community space where people can share about their Lenten journeys and see examples of how others are maintaining Lenten spirituality during social distancing.
 - Bi-lingual <https://www.facebook.com/groups/129660724343779/>

Many have asked us about how to collect Rice Bowls this year as parishes and schools are likely to remain closed through the rest of the Lenten season. Families may turn in their Lenten gifts at:

- English <https://support.crs.org/donate/change-life-lent-0>
- Spanish <https://support.crs.org/donate/cambia-una-vida-esta-cuaresma>

Remember – CRS Rice Bowl supports hunger and poverty alleviation efforts both around the world through CRS (75% of gifts) and also here in the U.S. (25% for local diocesan efforts). This global/local connection is important as communities in the US and around the world are both struggling with the economic impacts of COVID-19.

Please share CRS Rice Bowl as a spiritual resource for the faithful in your communities during this holy season. Thank you for your continued prayers and solidarity this Lent.