

PRAYER TO OUR LADY OF GUADALUPE

by Archbishop Gomez

**Holy Virgin of Guadalupe,
Queen of the Angels and Mother of the Americas.
We fly to you today as your beloved children.
We ask you to intercede for us with your Son,
as you did at the wedding in Cana.**

**Pray for us, loving Mother,
and gain for our nation and world,
and for all our families and loved ones,
the protection of your holy angels,
that we may be spared the worst of this illness.**

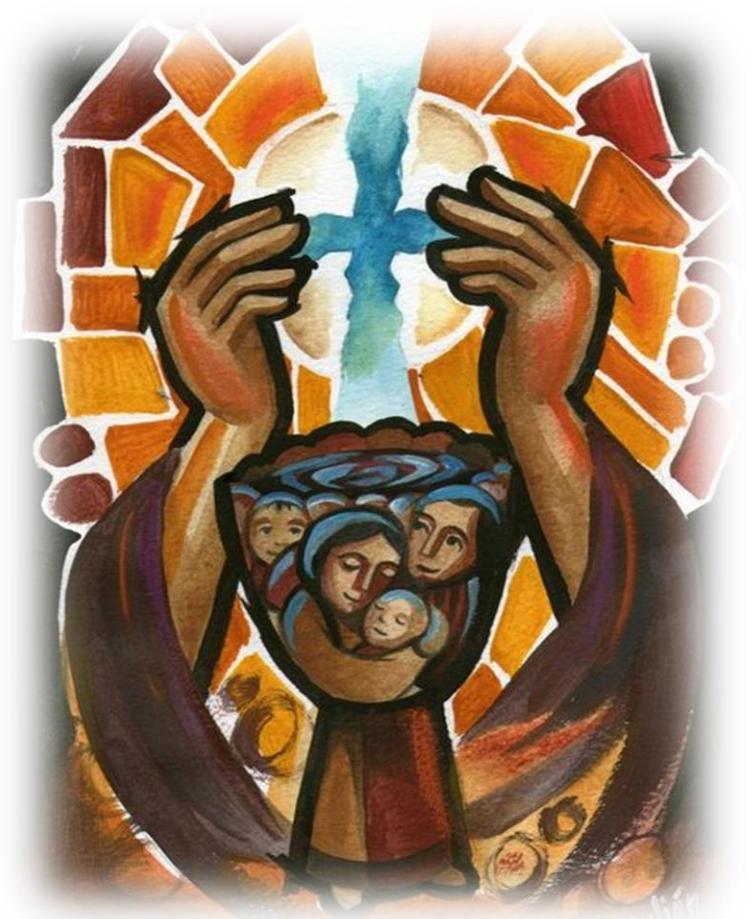
**For those already afflicted,
we ask you to obtain the grace of healing and
deliverance.
Hear the cries of those who are vulnerable and fearful,
wipe away their tears and help them to trust.**

**In this time of trial and testing,
teach all of us in the Church to love one another and to
be patient and kind.
Help us to bring the peace of Jesus to our land and to
our hearts.**

**We come to you with confidence,
knowing that you truly are our compassionate mother,
health of the sick and cause of our joy.**

**Shelter us under the mantle of your protection,
keep us in the embrace of your arms,
help us always to know the love of your Son, Jesus.**

Amen.



**PRAYERS AT HOME WHEN
GATHERING FOR MASS IS NOT
POSSIBLE**

**PRAYERS
DURING THE TIME OF THE
CORONAVIRUS DISEASE**

In these extraordinary times when we cannot gather as a Christian Community to celebrate Mass, let us unite ourselves spiritually to the Mass as it is being celebrated in our churches.

Spiritual Communion

O my God, ocean of holy love and sweetness, come and give yourself to my soul. Grant that with a perfect heart, full desire, and burning affection, I may unceasingly desire after you, and lovingly rest in you. May I prefer you to every creature, for you renounce every transitory delight, O my true, my highest joy!

Feed me, Lord, a poor, famished beggar, with continual draughts of your love; refresh me with the wished-for presence of your grace. This I seek, this I long for, that a vehement love may penetrate me through and through, and fill me.

Grant, O most loving Redeemer, that I may be wholly inflamed with the love of you, that I may delight only in you. O overflowing abyss of divinity! Draw me to you, and immerse me in yourself; so seize and take to yourself all the affection of my heart. **Amen.**



Common Prayer to God for Help

God our Father, Creator of the world, almighty and merciful, out of love for us
You sent your Son into the world as the doctor of our souls and our bodies, look upon your children who, in this difficult time of confusion and dismay in many regions of Europe and the world, turn to you seeking strength, salvation and relief, deliver us from illness and fear, heal our sick, comfort their families, give wisdom to our rulers, energy and reward to our doctors, nurses and volunteers, eternal life to the dead. Do not abandon us in the moment of trial but deliver us from all evil.
We ask this of Thee, who with the Son and the Holy Spirit, live and reign for ever and ever.

Amen.



Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided. Inspired with this confidence, I fly to thee,

O Virgin of virgins, my Mother; to thee do I come; before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me.



Find peace by offering God your anxiety

Let not my soul be troubled, O my dear Savior; and let it not be afraid. I believe that you, Lord, art the greatest good. Help me to look upon this matter in its true light—as it is beheld by you. May your will be done on earth as it is in heaven. Give me the grace to fulfill your heavenly will.

I offer myself to you and I offer the result of my present anxiety. Accept me, I pray, and bear me through this and through every worldly care. With eternity before me, let me see things in their true light.

Grant me true and abiding peace and help me to do all things for your glory and so be admitted into your everlasting rest. **Amen**

Prayers with children



A prayer for when a friend is ill

Dear God, (*name of friend*) is ill.
They are not allowed to go to school or come over to play.
I'm sad because I miss them.
They must be feeling miserable and lonely as well.
Please be close to them.
Please be with the people who are looking after them.
Please help them to get better and to know that you love them.

Amen.

A prayer for the world

God of love and hope,
you made the world and care for all creation,
but the world feels strange right now.
The news is full of stories about Coronavirus.
Some people are worried that they might get ill.
Others are anxious for their family and friends.

Be with them and help them to find peace.
We pray for the doctors and nurses and scientists,
and all who are working to discover the right medicines
to help those who are ill.
Thank you that even in these anxious times,
you are with us.
Help us to put our trust in you and keep us safe.
Amen.

May it do no more harm

Our Father, we trustingly pray to you, asking that the coronavirus may do no more harm, that the epidemic may be swiftly gotten under control, and that you restore the health of those affected and peace to the places where the virus has arrived.

Welcome into your kingdom the people who have died from this illness, and comfort their families.

Sustain and protect the healthcare personnel who are fighting it, and inspire and bless those working to control it.

Lord Jesus, doctor of our bodies and souls, we feel impotent in the face of this international health emergency, but we trust in You.

Give us peace and health.
Mother Mary, protect us and continue to take care of us, and lead us through your love to your Son, Jesus. and bless their families. **Amen**



Prayer of St. Michael

Holy Michael the Archangel, defend us in the battle. Be our protection against the wickedness and snares of the devil. Rebuke him, O God, we humbly beseech thee; and do thou, O Prince of the heavenly host, by the divine power, cast into hell satan and all the other evil spirits who wander through the world seeking the ruin of souls. **Amen.**



Act of Penance

For the times when we have failed to love God and to love each other we ask for God's forgiveness. Lord have mercy, Christ have mercy, Lord have mercy. We pray (Pause for Silent Prayer) Almighty and merciful God look with compassion on our affliction, and so lighten your children's burden and confirm our faith that we may always trust without hesitation in your fatherly providence.

Through our Lord Jesus Christ your Son, Who lives and reigns with you in the unity of the Holy Spirit One God for ever and ever. **Amen**