

Saint Christopher's Parish

A Prayer in this time of challenge

God of Love, we the people of the Diocese of San Jose turn to you with prayerful hearts and with confidence in your loving presence among us now and in every moment of our lives. We stand before you as a people of hope, trusting in your care and protection. May we be comforted by your love in these anxious times.

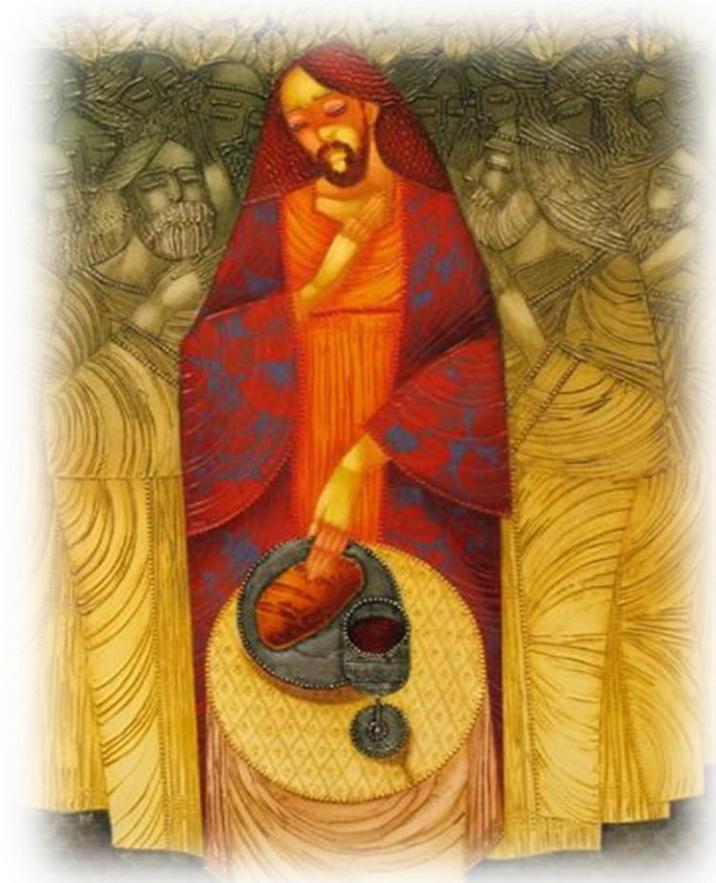
Generous and Merciful God, fill us with compassion and concern for others, young and old; that we may look after each other in these challenging times, especially those among us who are vulnerable. May your example give us the courage we need to go to the margins, wherever they may be. Heal us of our fear.

Healing God bring healing to those who are sick with the Coronavirus and be with their families and neighbours. We pray especially who those who are isolated, that they may know your love. Stay by our side in this time of uncertainty and sorrow.

God of Strength accompany all those who serve us with such love and generosity in the medical profession and in all our healthcare facilities. We give thanks for their continued work in the service of people. We ask you to bless them, strengthen them and guide them with your abundant goodness.

God of Wisdom, we ask you to guide the leaders in healthcare and governance; that they may make the right decisions for the wellbeing of people.

O God of creation and God of life, we, your people here in San Jose, place ourselves and our world in your protection and love. May your peace be with us and enfold us today, tomorrow and during the time ahead. We make our prayer through the intercession of Mary our Mother, and all the saints. **Amen!**



**PRAYERS AT HOME WHEN
GATHERING FOR MASS IS NOT
POSSIBLE**

**PRAYERS
DURING THE TIME OF THE
CORONAVIRUS DISEASE**

This is an occasion for all of us – especially in families – to pray more intensely for each other and especially for those who have succumbed to the illness. We should pray also for those at the frontlines – especially doctors, nurses and medical staff and other careers, including clergy – that the Lord will protect them as they place their own wellbeing at risk in the service of all.



Saints often made an act of spiritual communion when they couldn't receive the Eucharist at Mass



The goal of our lives should be communion with God and an act of spiritual communion can help a person draw closer to that goal.

*My Jesus,
I believe that You
are present in the Most Holy Sacrament.
I love You above all things,
and I desire to receive You into my soul.
Since I cannot at this moment
receive You sacramentally,
come at least spiritually into my heart. I embrace You as
if You were already there and unite myself wholly to You.
Never permit me to be separated from You.*

Amen.



***Pope Francis's prayer to Mary during
coronavirus pandemic***

O Mary,
you always shine on our path
as a sign of salvation and of hope.
We entrust ourselves to you, Health of the Sick,
who at the cross took part in Jesus' pain, keeping your
faith firm.
You, Salvation of the Roman People,
know what we need,
and we are sure you will provide
so that, as in Cana of Galilee,
we may return to joy and to feasting
after this time of trial.
Help us, Mother of Divine Love,
to conform to the will of the Father
and to do as we are told by Jesus,
who has taken upon himself our sufferings
and carried our sorrows
to lead us, through the cross,
to the joy of the resurrection. Amen.

Under your protection, we seek refuge, Holy Mother of God. Do not disdain the entreaties of we who are in trial, but deliver us from every danger, O glorious and blessed Virgin. **Amen**

Coronavirus: A Prayer for Medical Scientists

God of wisdom,
Bless medical scientists and researchers around the world
With insight and skill, dedication and fortitude,
As they combat coronavirus,
So that their work yields knowledge and understanding,
Speedily finding a vaccine, treatments and deterrents to its spread.

Source of life,
Grant public health and government officials
The strength to act swiftly and decisively,
With compassion and understanding,
In service to humankind,
Fighting this outbreak
And the other diseases that still plague the planet,
Diseases threatening the lives of our brothers and sisters,
Nations and communities,
Young and old.
Rock of Ages,
Bring an end to disease and suffering,
So that all may know
Your compassion and Your grace. **Amen,**



A Coronavirus Prayer

Loving and healing God,
we, the people of Saint Christopher's turn to you in prayer,
confident that you are with us and with all people in every
moment. We stand before you as people of hope, trusting
in your care and protection.

May your faithful love support us and soothe the anxiety of
our hearts. Generous God, fill us with compassion and
concern for others, young and old, that we may look after
one another in these challenging days.

Bring healing to those who are sick with the virus and be
with their families. May those who have died rest in your
eternal embrace. Comfort their family and friends.
Strengthen and protect all medical professionals caring
for the sick and all who work in our medical facilities.

Give wisdom to leaders in healthcare and governance
that they may make the right decisions for the well-being
of people.

We pray in gratitude for all those in our country who will
continue to work in the days ahead in so many fields of life
for the sake of us all. Bless them and keep them safe.
O God of creation and life, we place ourselves in your
protection.

May the mantle of your peace enfold us this day and
tomorrow.

St Joseph, pray for us.

St. Clare, pray for us.

St. Christopher, pray for us.

May all the saints of God, pray for us. **Amen**

A Prayer for our Priests as they exercise their ministry during this time of the Coronavirus

Eternal God,
Be with our priests this day as they seek
to minister to your people.
May you be a guiding and protective presence with them
as they bring the consolation and hope of Your word
and the grace and nourishment of Eucharist
to those entrusted into their care.
Grant them the strength of mind and body,
keep them safe to do your will,
And give them the courage and peace
to face each day with trust and confidence in You.
Into your hands O God, we commend them;
fill them with your grace and healing.
Amen.



A Prayer for Healthcare Workers during this time of the Coronavirus

Loving God,
we place into your care
all our doctors, nurses and healthcare workers.
Give them courage of heart
and strength of mind and body.
Keep them safe from harm.
May they know our deep gratitude
for all they are doing
to heal and help those affected by
the coronavirus.
God of all consolation
may they know your protection and peace.
Bless them in these challenging days
and bless their families. Amen

Prayer of St. Michael

Holy Michael the Archangel,
defend us in the battle.
Be our protection against the wickedness
and snares of the devil.
Rebuke him, O God, we humbly beseech thee;
and do thou, O Prince of the
heavenly host, by the divine power,
cast into hell satan and
all the other evil spirits
who wander through the world
seeking the ruin of souls. **Amen.**



Act of Penance

For the times when we have failed to love God and to
love each other we ask for God's forgiveness. Lord
have mercy, Christ have mercy, Lord have mercy.

We pray (Pause for Silent Prayer) Almighty and
merciful God look with compassion on our affliction,
and so lighten your children's burden and confirm
our faith that we may always trust without hesitation
in your fatherly providence.

Through our Lord Jesus Christ your Son, Who lives
and reigns with you in the unity of the Holy Spirit One
God for ever and ever. **Amen**