

# Adults at the Center

## Diocese of San Jose

**Vision:** ***ENGAGE** the hearts of adults; **BUILD** them up in the faith; **SEND** them into the world as disciples.*

**Description:** Leadership of parishes **creates** the kinds of communities that adults feel at home in. Adults feel they are **welcomed** and their faith life and their experiences are honored and accepted as they are. Parishes make it a priority to **accompany** adults to move forward and take responsibility to **follow Jesus Christ** in their lifelong journey of faith.

**Discern a way forward that truly matters in the lives of the people we serve. Use a relational approach and collaborative structure.**

### Goal 1

Communicate the vision of adult spirituality and discipleship at the center of faith formation to clergy and parish staff and parishioners

#### Key Actions:

- a. Plan timeline of raising awareness of the vision.
- b. Craft Bishop's message for Adults at the Center to the people of God.
- c. Communicate the message using the following vehicles: deaneries, catechetical clusters, Valley Catholic, Diocesan website, Council of Priests, parish adult faith formation leaders and teams.
- d. Plan schedule of raising awareness of the vision over time.

### Goal 2

Train leaders to implement the vision.

#### Key Actions:

- a. Train the leaders **to hear** the depths of what the adult spiritual needs are to focus their energies on what has the most impact to deepen faith. Encourage parish leadership and team to take a tour through their communities and **see** the realities of what people are dealing with on a daily basis.
- b. Train leaders to discern what to let go of to prioritize putting adults at the center.
- c. Listen for training needs for making better disciples from catechetical leaders, parish staff and clergy. Evaluate the parish/school use of Word, Worship and Witness strategies and tools to discern training needs.
- d. Plan and schedule series of trainings for leadership (clergy and parish and school leaders) based upon what is needed to form adults to be better disciples.

### Goal 3

Provide tools, resources, best practices/models to implement the vision

#### Key Actions:

- a. Use a spiritual faith inventory to access adult needs. For example, Catholic Faith and Life Spiritual Needs Survey: <https://www.catholiclifeandfaith.net/spiritual-needs-survey>
- b. Provide strategies and tools listed on Adult at the Center roadmap to parishes.
- c. Provide assessment tool for parishes to evaluate the use of the strategies and tools on the roadmap.
- d. Continue to reference current research and church documents on adult faith formation.
- e. Identify a vehicle to share resources/best practices among parishes, for example, Wiki pages.
- f. Revise the diocesan sacramental guidelines to support of adults at the center.
- g. Use the V Encuentro process to evangelize and make disciples, building intercultural bridges.