



Most Holy Trinity Ignatian Spirituality Center

Lenten Workshop / Reflection:

*Suffering, Sin and Confession:
A journey of reconciliation in the spirit of the
Spiritual Exercises of St. Ignatius of Loyola.*

Tuesday, March 30, 2021 – ZOOM 7:00 pm to 9:00 pm.

Facilitator: Fr. Andrew B. García S.J.

The ultimate cause of suffering is sin. Knowing this, St. Ignatius begins the Spiritual Exercises with significant meditations on sin. The recognition of one's sins and the subsequent "confession" of them are central to the process of conversion.

Join us in this Lenten reflection to meditate upon suffering, sin and reconciliation with God. Because, "as a consequence of having made a better confession... the soul will find that it is better prepared to receive the presence of the Lord..." (Spiritual Exercises #44).

* Please have your Bible and the book of the Spiritual Exercises of St. Ignatius.

ZOOM ID Please Sign Up Online Link
<https://tinyurl.com/y4seyrm8>

Or call Martha 408-729-0101 ex. 100