



**Most Holy Trinity
Ignatian Spirituality Center**

Lenten Retreat Reflection:

*Suffering and Redemption in Sacred Scripture
and the Spiritual Exercises of St. Ignatius.*

Tuesday, March 10, 2020 meet 6:30 pm – 8:30 pm. (Simple food provided)

Place: MHT Community Center, 2040 Nassau Dr. San Jose 95122

Facilitator: Fr. Andrew B. García S.J.

Suffering is a reality that we all must face in life. The World seeks to escape suffering, sometimes at all costs. Through the Cross, Jesus embraces it and shows us that through his Cross, suffering can be redemptive.

Join us in this Lenten reflection to ponder suffering, forgiveness and redemption through Sacred Scripture and the Spiritual Exercises of St. Ignatius of Loyola with the aim of deepening our personal relationship with God the Father, Son and Holy Spirit.

**** Bring your Bible and the book of the Spiritual Exercises of St. Ignatius.**

For more information, please email to spiritualministry@mht-church.org or call 408-729-0101 (parish office)



Most Holy Trinity Parish
Ignatian Spirituality Center
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