

Most Holy Trinity Ignatian Spirituality Center Presents:

Praying with St. Ignatius

Date: Tuesday, November 12, 2019 7pm – 9pm.

Place: MHT Community Center, 2040 Nassau Dr. San Jose 95122

Facilitator: Fr. Andrew B. García S.J.

The Holy Bible plays a central role in the meditations proposed by St. Ignatius of Loyola in his Spiritual Exercises. Indeed, Sacred Scripture provides a concrete point of departure for getting to know the Lord more deeply.

The aim of this workshop is to help the faithful become more comfortable and engaged in praying with the Bible through the use of the techniques proposed by the Spiritual Exercises with the end goal of having a more personal and intimate relationship with the Lord.

** Bring your Bible and the book of the Spiritual Exercises of St. Ignatius. For more information, please email to spiritualministry@mht-church.org or call Margarita Hua 408-729-0101