

# New Paths for Healing



## One Day Grief Retreat: AT YOUR PARISH

With the participation of a minimum of 8 people, Catholic Cemeteries-Diocese of San Jose will bring to your parish its popular **“New Paths for Healing: A grief Journey”**

Consider a day of reflection; encountering the presence of God in your daily life in the midst of grieving. The day will include prayer, reflection, opportunities to share and hands-on activities to explore the ways in which grief and God color our lives. This is a diverse retreat for all of those grieving a loss whether recent or not. No matter what type, be it through death, loss of a job, or significant relationship.

We bring our experienced team to your facility.  
All that is required is table, chairs and welcoming space to accommodate the participants.

We provide all of the supplies, including coffee, water and box lunches *topped with* a commitment to help those on the grief journey.

### **Comments from participants:**

*What did you find to be most helpful about the retreat?*

- the power of healing and sharing.*
- appreciate things I've learned about grieving, great class/retreat. Beautiful ministry.*
- sharing with others, not feeling bad about crying, bring our religion, faith into our journey so that we can cope daily.*
- telling stories and hearing stores of faith, hope and most of all love.*
- nice atmosphere to share grief stories.*
- many inspirational thoughts I will take with me*
- I like the program- how we spent time to introduce, listen to each other. Also the activities, (4 stations) and allow us to explore, to express our thoughts or feelings that come to mind!*

## Spring dates filling up!

**Contact us to book at your parish  
or for more information**

**Catholic Cemeteries Outreach**

**408-342-1517**

**ccoutreach@dsj.org**

The workshop is designed to be conducted on a **Saturday, 9AM-3 PM** but other arrangements could be made if needed.

**A minimum of 8 participants is necessary.**