

**Mental Health Ministries Presents**

**The *Angst* Movie**  
**and**  
**Expert Panel Q&A**  
**on Anxiety and Depression affecting our youth**



**This is a must see movie for kids and parents.**

***Angst* is an IndieFlix Original, documentary designed to raise awareness around anxiety and depression in preteen, teen and young adults. The film includes interviews with kids, teens, educators, experts and parents.**

**Following the movie you will have the opportunity to ask our expert panel questions that concern you regarding anxiety and depression in preteens, teens and young adults. Please go to [Angstmovie.com](http://Angstmovie.com) to see a preview of this very special and very important film.**

**Wed, May 15, 2019  
7:00 PM – 9:00 PM**

**Presentation High School  
Valenzuela Theater  
2281 Plummer Avenue  
San Jose, CA 95125**

**Admission is free. Register at [Eventbrite.com](http://Eventbrite.com). Type in “Angst” in events.**

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