Reflection - Session 1: Liturgy

Read pages 6-7 17-18 and 44-45 in the workbook.
Read the Catholic Update: The Liturgical Year

Please answer the following questions.

1. Liturgy is _________________________________________________________________

2. Through active participation in the Liturgy we ___________________________________
   _________________________________________________________________
   _________________________________________________________________

3. The Paschal Mystery refers to _______________________________________________
   _________________________________________________________________

4. How is the Paschal Mystery related to the Liturgy of the Eucharist and to sacraments?
   _________________________________________________________________
   _________________________________________________________________
   _________________________________________________________________

5. How is the Paschal Mystery related to the liturgical year?
   _________________________________________________________________
   _________________________________________________________________

6. What did you see or hear in this session that was especially meaningful to you or that helped your
   faith grow?
   _________________________________________________________________
   _________________________________________________________________
   _________________________________________________________________

Please turn in your reflection at the next session. Thank you.